



# UNIVERSITY OF CENTRAL PUNJAB

## **Report on the Workshop: Making Pencils from Paper Waste**

**Date:** Monday 24 March, 2025

**Venue:** University of Central Punjab

**Organized by:** Environment Protection Society

The Environment Protection Society University of Central Punjab hosted an innovative workshop organized by the Environment Protection Society, focusing on sustainable waste management and recycling. The event highlighted the importance of re-purposing waste materials and provided hands-on training on making eco-friendly pencils from discarded paper. The workshop aimed to educate participants on practical recycling techniques and promote a circular economy approach to waste reduction.

### Key Highlights:

#### Opening Remarks:

The session began with a welcome address by Patron Environment Protection Society Ms. Sadia Zia who emphasized the significance of reducing paper waste and adopting sustainable practices in daily life.

#### Expert Sessions:

Environmental expert Mr. Mudassir Tahir trained the students for making pencils from trash paper using organic glue and graphite.

Students made their own pencils and decorate them with environment friendly items.

#### Conclusion:

The workshop successfully demonstrated the practical application of recycling paper waste into usable products, inspiring participants to take actionable steps toward environmental conservation. By equipping attendees with hands-on skills and awareness, the event fostered a culture of sustainability and resourcefulness within the university community.



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**Title:** Annual Training on Environmental Aspects of Sustainability for Faculty and Staff Members

**Training Session:** Tribute to Women in Climate Action

**Date:** March 21, 2025

**Venue:** University of Central Punjab

**Organized by:** Environment Protection Society (EPS), UCP

**Type:** Awareness and Capacity-Building Session

**Target Audience:** Faculty members, professional staff, and students

**Mode:** On-Campus Interactive Training Session

## **Objective:**

To educate and engage faculty and professional staff on the environmental dimensions of sustainability, with a focus on gender inclusivity in climate action and the role of women in driving environmental change.

## **Content Covered:**

- Importance of gender equity in environmental sustainability
- Role of women leaders, scientists, and activists in climate advocacy
- Female-driven initiatives addressing climate challenges in Pakistan and beyond
- Policy frameworks and career pathways in environmental sciences
- Grassroots activism and community engagement
- Interactive Q&A on institutional roles in promoting environmental awareness

## **Key Resource Person:**

Ms. Bakhtawar, Director of the Youth General Assembly Climate Forum and member of the Prime Minister's National Youth Council

## **Faculty Involvement:**

Faculty members actively participated in discussions, asked questions during the interactive session, and contributed to policy-oriented conversations on sustainability.

## **Impact:**

The session provided a dedicated learning opportunity for university staff and faculty on key environmental issues. It emphasized institutional responsibility in climate education and empowered participants to become change agents in promoting sustainable practices across campus and beyond.

## **Evidence Link:**

[Interactive Session on Role of Women in Climate Action](#)



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**Title:** Training Workshop on Sustainable Plastic Waste Management – Plastech Initiative

**Date:** March 27, 2025

**Venue:** University of Central Punjab

**Organized in Collaboration With:** Plastic Free Rivers and Seas of South Asia (PLEASE) project, led by SACEP with support from UNOPS and The World Bank

**Technology Partner:** OTIUM (Plastech App Developers)

**Target Audience:** Faculty members, professional staff, and students

**Mode:** On-Campus Awareness and Training Workshop

**Objective:**

To educate faculty and students on sustainable plastic waste management using innovative digital tools, and promote behavioural change toward environmental responsibility.

**Content Covered:**

- Introduction to **Plastech**, a mobile application serving as a digital marketplace for plastic waste trading
- At-source segregation and plastic waste lifecycle
- Role of households, institutions, and companies in reducing plastic leakage into rivers and seas
- Economic and social benefits of circular waste economy, especially for underprivileged communities and women
- Empowering youth and educators as environmental changemakers





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## **Faculty Involvement:**

Faculty members actively participated in the session, gaining insights into how digital tools can enhance institutional and personal efforts toward environmental sustainability. Their involvement in interactive discussions and feedback sessions added significant academic value.

## **Impact:**

This workshop served as a dedicated environmental training opportunity, raising awareness on plastic pollution and engaging UCP's academic community in practical climate action.





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**Title:** Panel Discussion on Innovative Sustainable Packaging Solutions

**Date:** December 23, 2024

**Venue:** University of Central Punjab, Lahore

**Organized by:** ISP Environmental Solutions under the World Bank's "PLEASE" Project

**Target Audience:** Faculty members, professional staff, sustainability professionals, and students

**Mode:** On-Campus Expert Panel Discussion

**Objective:**

To educate participants on sustainable packaging innovations, reduce plastic pollution through interdisciplinary collaboration, and empower academic and industry stakeholders with actionable insights.

**Content Covered:**

- Introduction to **biodegradable, compostable, and recyclable** packaging materials
- Government-led sustainable packaging policies and programs
- The academic sector's role in research and innovation for environmental sustainability
- Technological developments and their application in packaging and waste reduction
- Circular economy models in waste management
- Case studies showcasing industry-led eco-friendly packaging solutions
- Strategies to encourage sustainable consumer behavior

**Faculty Involvement:**

Faculty members actively participated in the session, contributing to and learning from discussions focused on technological innovation, policy, and sustainability education. The event promoted knowledge exchange and inspired future curriculum enhancements in environmental sciences.

**Impact:**

This panel served as a capacity-building and awareness-raising platform for UCP's academic staff. It contributed to their professional development in the environmental domain and aligned with the university's sustainability training goals.





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## Water recycling program implementation

### MOU for Climate and Water Research:

The University of Central Punjab (UCP) has partnered with Water Care Services Pakistan (WCSP) to integrate nanotechnology into wastewater treatment. The project aims to develop innovative solutions for wastewater management, addressing environmental and public health challenges. This collaboration, marked by a recent Memorandum of Understanding (MOU), also emphasizes student engagement in practical projects and aligns with key United Nations Sustainable Development Goals, highlighting UCP's commitment to tackling climate change and promoting sustainability in Pakistan.

### 3rd CCRC Convention



**University of Central Punjab and Water Care Services Pakistan Sign Landmark MoU for Climate and Water Research**

On July 31, 2024, the University of Central Punjab (UCP) took a major step towards tackling climate change and wastewater treatment by signing a Memorandum of Understanding (MoU) with Water Care Services Pakistan (WCSP). This partnership, spearheaded by the Climate Change Research Council (CCRC) under the leadership of Dr. Hadia Awan, Dean of the Faculty of Law, aims to foster research and innovation in climate and water sciences.

The MoU was officially signed by Pro-Rector, Dr. Hammad Naveed, and Director Technical of WCSP, Mr. Akmal A. Khurram. Also present were Dr. Hafiza Rizwana Kousar, Dean of the Faculty of Science and Technology, members of the CCRC, and staff from the Learning Innovation Centre. Professor Dr. Muhammad Akhyar Farukh, from the Faculty of Science and Technology, serves as the focal person and principal investigator of the joint project initiated under this MoU.

The core objective of this partnership is to develop and implement "Novel Nanotechnology Approaches to Indigenous Wastewater Treatment for a Cleaner and Climate-Resilient Future." This groundbreaking project, the first of its kind in Pakistan, will utilize advanced nanotechnology to treat wastewater, addressing pressing environmental and public health challenges while contributing to a sustainable, climate-resilient future.





Additionally, the MoU outlines provisions for consultancy services in tackling industrial and environmental issues, benefiting both organizations and the wider community. It also highlights practical student engagement, with UCP students participating in small-scale industrial projects, fostering their innovation and problem-solving skills in real-world scenarios.

This collaboration aligns with several United Nations Sustainable Development Goals (SDGs), including SDG 6 (Clean Water and Sanitation), SDG 8 (Industry, Innovation, and Infrastructure), and SDG 13 (Climate Action). The partnership marks a significant milestone in addressing Pakistan's environmental challenges through cutting-edge research and collaborative innovation.

### Pro-Rector UCP's Grant Award for RO-Plant Project

6/10

### Pro-Rector UCP's Grant Award for RO-Plant Project



**UCP awards pilot project for waste water treatment using indigenously developed nanotech with industrial collaboration. It focuses on United Nations SDG 6 (Clean Water and Sanitation), SDG 8 (Industry, Innovation and Infrastructure) and SDG 13 (Climate Action).**

The University of Central Punjab (UCP) has made a significant advancement in addressing climate change and wastewater treatment by allocating substantial funding to a pioneering research initiative. Pro-Rector Dr. Hammad Naveed has approved a budget of 1 million rupee for a groundbreaking project, in collaboration with Water Care Services Pakistan (WCSP), that integrates nanotechnology into wastewater treatment for enhanced climate resilience. This first-of-its-kind initiative, established through a Memorandum of Understanding (MoU) between UCP and WCSP, is a key part of broader efforts to advance research and innovation in climate and water sciences.

The project, initiated by the Climate Change Research Council (CCRC) under the leadership of Dr. Hadia Awan, Dean of the Faculty of Law, focuses on developing "Novel Nanotechnology Approaches to Indigenous Wastewater Treatment for a Cleaner and Climate-Resilient Future." Recently, reports from both UCP and WCSP visited a wastewater treatment site to assess its current conditions and evaluate the practical application of innovative nanotechnology solutions. The visit marked a critical step in implementing this ambitious project.

### Project Updates

#### Visit of Nano-Chemistry Research Group to Wastewater Disposal Unit at Sundar Industrial Estate





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- **Welfare Society (Esaar-e-Ramadan)**

**20<sup>th</sup> March 2024**

Esaar e Ramadan journey ends with warmth and gratitude, as with the help of our dedicated volunteers we hosted our final dastarkhwan. As we close this chapter, let us cherish the memories shared around the dastarkhwan and strive to extend its essence of empathy and solidarity throughout the year.

[https://www.facebook.com/permalink.php?story\\_fbid=pfbid0CHUyMzc3dTL3XRNhvAqBq2LfED74upwv5vLB39q6s24ahPp3r1QHJ8pDxxeocrDJI&id=100089160582304](https://www.facebook.com/permalink.php?story_fbid=pfbid0CHUyMzc3dTL3XRNhvAqBq2LfED74upwv5vLB39q6s24ahPp3r1QHJ8pDxxeocrDJI&id=100089160582304)

<https://www.instagram.com/p/C7ODyyktLoi/>

- **Nutrition Health Camp**

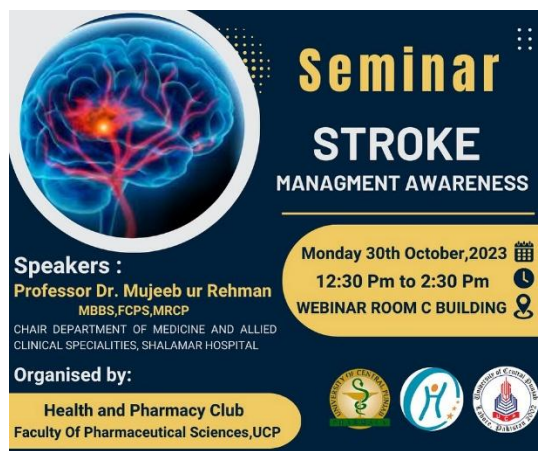
**1<sup>st</sup> December 2023**

University of Central Punjab (UCP) with the collaboration of WBM foundation has organized a Free Nutrition Health Camp at UCP. This camp was specifically for UCP community and offers the opportunity to explore nutritious recipes, receive expert nutrition counseling, and obtain personalized diet plans.

<https://www.facebook.com/UCPDepartmentofStudentAffairs/posts/pfbid02CXa2Gv4oxT2iraQo3G1DfGYJzVfWnTqkxGNVD49og2vkuT8mQ93vz89JfnK3AW9Rl>

- **Seminar on Stroke Management**

**30<sup>th</sup> October 2023**



<https://www.facebook.com/photo/?fbid=351582460721598&set=a.177188151494364>



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- **Free Dental Camp**

**1<sup>st</sup> February 2024**

Institute and the esteemed Health and Pharmacy Society at our recent Free Oral Health Awareness Camp. Dive into an enlightening session dedicated to nurturing dental health within our community. Together, we prioritized preventive care, paving the way to healthier, brighter smiles. Thank you for joining us in this impactful initiative. Your participation made a difference in promoting oral health awareness and fostering a healthier community. Let's continue our journey toward brighter smiles and better oral health together

<https://www.facebook.com/reel/1439580633627321>

- **Walk for TB Day**

**1<sup>st</sup> April 2024**

On No Tobacco Day, our health and pharmacy club came together to raise awareness about the dangers of tobacco use through an impactful play and a creative poster competition. The performances were not just entertaining but also deeply moving, highlighting the health risks and social consequences of smoking. Our talented members poured their hearts into every scene and every brushstroke, making a strong statement against tobacco.

Thank you to all the participants and organizers for making this event a huge success! Let's continue to spread the word and support each other in the fight against tobacco.

<https://www.facebook.com/reel/432110029336403>

- **World Health Day**

**7<sup>th</sup> April 2024**

On World Health Day, let's amplify the importance of preventive care and health education. By promoting healthy habits and regular check-ups, we can prevent illnesses and save lives. Let's pledge to prioritize our health and encourage others to do the same. Together, we can create a healthier and happier world for generations to come.



<https://www.facebook.com/photo/?fbid=442097475003429&set=a.177188151494364>

- **World No Tobacco Day (Play & Poster Competition)**

## **28<sup>th</sup> May 2024**

Nicotiana tabacum, a plant with magnificent pesticidal properties, was meant to be used as a pesticide. But, sadly, the trend shifted towards an entire billion-dollar industry, owing to an addictive chemical component, i.e., Nicotine.

Now, this poison is greatly harvested on a commercial scale, to use it in manufacture of a wide variety of unhealthy products.

With clearly documented scientific facts regarding the enhancement of risk for various types of cancers, long term adverse effects on cardiovascular system, and many more, multitude still enjoys tobacco consumption.

With some efforts to introduce tobacco taxes, the situation is still drastic as according to a recent report, the revenue in tobacco products market amounted to a whopping US\$ 793,439M.

Be a responsible person and play your role in spreading awareness regarding this critical aspect. Because, even if you aren't a smoker, you are still getting effected by a passive route





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<https://www.facebook.com/photo/?fbid=1756068001240055&set=a.1514209908759200>



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## Awareness Seminar on Thalassemia Control & Prevention

**10<sup>th</sup> June 2024**

The Health and Pharmacy Club UCP is hosting awareness seminar on "thalassemia control and its preventive strategies" and a free Thalassemia Screening Camp in collaboration with Punjab thalassemia and other genetic disorder prevention and research institute on June 10<sup>th</sup> to raise awareness about this genetic blood disorder and its preventive strategies. Thalassemia affects the body's ability to produce hemoglobin and red blood cells, leading to severe anemia and other health complications. Early detection and preventive measures are crucial in managing this condition. Our camp will offer free carrier screening, prenatal testing information. Additionally, we will provide educational resources to increase public awareness about Thalassemia. Join us to get screened and learn more about how you can help prevent the spread of Thalassemia. Together, we can make a significant impact.

**Awareness Seminar**  
**"Thalassemia control and its preventive strategies" & Free Screening Camp**

IN COLLABORATION WITH  
PUNJAB THALASSEMIA AND  
OTHER GENETIC DISORDERS  
PREVENTION AND RESEARCH  
INSTITUTE

**SPEAKERS**

1. DR. HUSSAIN JAFRI (DG/ PTGD, FJMU/ LAHORE)  
2. DR. NAYYER SHAMIM (CHIEF PHARMACIST SURGIMED HOSPITAL, LAHORE)

10 June 2024 Webinar room C building 10 am - 12 pm

Supervised by  
Prof Dr Mahtab Ahmad Khan

Organized by  
Faculty of Pharmaceutical sciences UCP

<https://www.facebook.com/photo?fbid=480567621156414&set=a.177188144827698>



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- **Ramadan Dasterkhwan**

**12<sup>th</sup> March – 10<sup>th</sup> April 2024**

<https://www.instagram.com/p/C4y-ZxTK-L3/>

- **“Art of Healing – Mindfulness Expression/ Mental Health Awareness on Stress Management & Social Anxiety”**

**28<sup>th</sup> June 2024**

<https://www.instagram.com/p/C-vl0OoNsTi/>

<https://www.instagram.com/p/C-vhoUZtoTU/>





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**Event: Celebrating Independence Day of Pakistan on 14th August 2024**

**Month: August**

The University of Central Punjab celebrated the 77th Independence Day. The event included a flag hoisting ceremony, poetry, singing performances and a play by the students. The event was graced by the presence of Pro-Rector, Dr. Hammad Naveed, Provost, Mr. Muhammad Yaqoob and Guest of Honor, Mr. Munib Iqbal.





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**Event: UCP Mosaic Society's Saraiki Culture Day**

**Month: January**

Embracing the rich tapestry of Saraiki culture at UCP Mosaic Society's Saraiki Culture Day! From vibrant traditions to soulful melodies, our students come together to celebrate the beauty and diversity of Saraiki heritage.







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## Event: Road Safety is Everyone's Responsibility

Month: June

The Motorway Police organized a seminar titled "Road Safety is Everyone's Responsibility" at the University of Central Punjab. The event aimed to raise awareness about the importance of road safety and the role each individual plays in maintaining it.

Guests DIG Shahid Javaid and Sector Commander Atif Ali Chaudhary addressed the students. The seminar also featured a quiz competition with exciting gift hampers for the participants.







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**Event: “Mental Health Week” Organized By UCP Psychology Society & UCP Psychology Department**

**Month: December**





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## 1) BOOK BANK AND AWARENESS DRIVE

Volunteers in Service (VIS) department organized a book collection and awareness drive for deserving school kids. The books included text books for all subjects, story books, novels, etc.



## 2) BLANKET COLLECTION DRIVE FOR FLOOD VICTIMS

Volunteers in Service (VIS) department organized blanket collection drive for flood victims. VIS department collected more than 3500 blankets and handed them over to Akhuwat for distribution to Flood affected area.



## 3) TREE PLANTATION AND AWARENESS DRIVE (8 Plantation Drives in 2023)

UCP-VIS signed an MoU with Alkhidmat Foundation to plant 1 million trees in and around Lahore. In last one year, 200,000 have been trees planted in a year by UCP Volunteers in collaboration with Alkhidmat Foundation.





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## 4) RAMZAN AFTAAR AND RATION PACKING DRIVE

VIS department organized Ramzan Aftaar Drive and Ration Packing Campaign in collaboration with Allah Walay Trust to distribute Free Aftaar and ration to deserving class.



## 5) RATION PACKING DRIVE

VIS department organized ration packing and distribution for deserving class with Alkhidmat Foundation. These ration packs were distributed during holy month of Ramzan.



## 6) ASAAN AFTAAR DRIVE

VIS department organized free Aftaar pack distribution for deserving class with Alkhidmat foundation for the person who couldn't make it home in time for Aftaar. UCP Volunteers filled water bottles at Alkhidmat Filtration Plant and prepared Aftaar packs. They further distributed these on various crossings, especially in front of UCP.



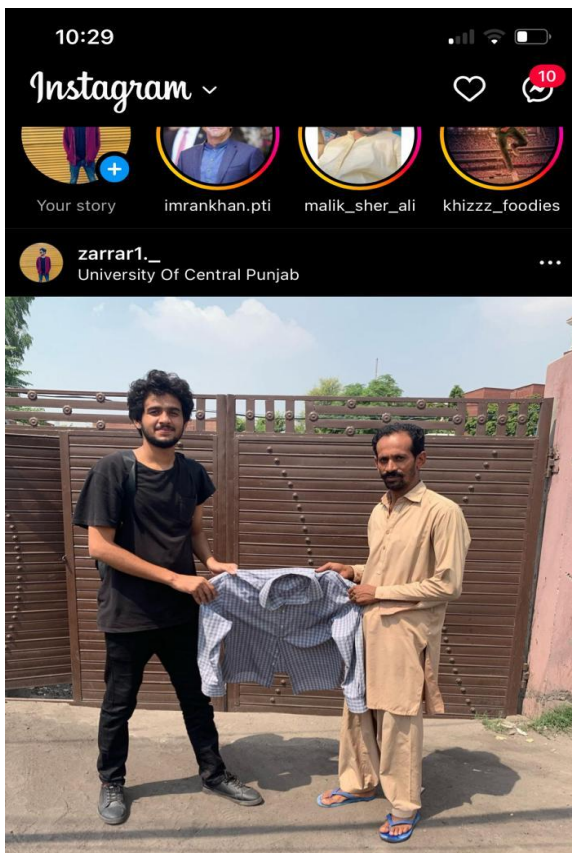




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## 7) CLOTHES COLLECTION AND AWARENESS DRIVE (3 Clothes Collection Drives)

VIS department organized clothes collection and awareness drive for deserving communities. Till date VIS department has collected and distributed more than 300,000 pairs of clothes to deserving communities.





## 8) REUSE OF MATERIALS FOR A PURPOSE

It's the commitment of VIS department to strive for a safer and better environment. VIS department organized a campaign for converting waste into useful materials. UCP Volunteers converted empty milk cartons into colorful bird feeder boxes.



## 9) BREAST CANCER AWARENESS DRIVE

Pakistan has one of the highest rates of deaths due to breast cancer. The main reason being lack of awareness and no information about self-check up technique. UCP Volunteers moved to different girls' schools and colleges to spread awareness on the topic. Senior classes of schools and colleges were targeted for the awareness sessions. More than 1000 families were engaged in this campaign.



## 10) DRIVE AGAINST CRUELTY TOWARDS ANIMALS

VIS department organized an awareness and sensitization campaign for school kids to sensitize the school kids on cruelty against animals. Kids participated in activities like coloring and pet day







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celebration to spread love for animals and to prohibit kids from hurting animals, especially stray dogs, cats, donkeys, etc.

**11)** A conference was recently held to have a dialogue on sustainable development and Social Welfare scenario in Pakistan. Representatives from more than 120 civil society organizations were gathered by UCP Volunteers in Service department under umbrella of UCP-Welfare Society.

**12)** A significant event was recently unfolded in University of Central Punjab as more than 120 Non-Governmental Organizations (NGOs) gathered for an important seminar. The UCP Welfare Society organized this gathering to unite NGOs working towards making life better for people.



The well-being of an individual includes coping with the various stresses of everyday living and realisation of the full potential of an individual as a productive member of society.”

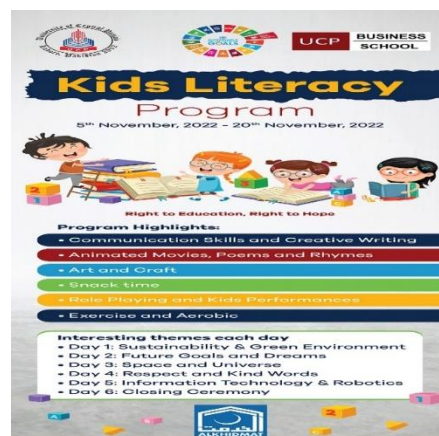




Talk show discussing gender equity

<https://www.facebook.com/100025930057797/videos/1190187558529612>

1. **Street Kid Literacy Program (SDG 4,5,10,11,13,17):** which is an on-campus program, to help kids experience a conducive learning environment and also to get exposure to university level learning. This initiative aims at motivating the kids to confidently progress in their lives ahead. Our trained student volunteers and staff focused on kids' personal development and grooming as well. This is a unique activity that engage participants from both, our university and society to come together and spent quality and literary time together. Learning how to write alphabets of English and Urdu, basic Math, animated movies around daily themes, exercise (yoga and aerobics), snack time, kids performances, art and craft etc. were part of 6 day literacy program. The program was carried out in 2 batches each of 50 kids in collaboration with Alkhidmat foundation. Batch 1 was carried out in November 2022 and Batch 2 in March 2023.



2. **Business Education for non-business community participants (SDG 4,8,10,11,17):** UCP Business School offered free of cost short courses for community capacity building. This program aims at developing the basic know-how in people regarding starting and running their small businesses effectively. People working at multiple public and private organizations also benefit from this program as the courses are designed for participants not having any prior business-related education or degree. Following is the list of courses currently being offered:
- a) Basics of Business Finance
  - b) Effective Marketing Strategies
  - c) Human Resource Management
  - d) Basics of Business Management
  - e) Effective Communication Techniques
  - f) Supply Chain and Logistics



3. **Community Based Group Projects with Community Based Organizations (All SDGs):** This initiative is carried out in 2 phases. In the first phase students are oriented with the idea of welfare and sustainability concepts via workshops. In phase 2 the students are sent for volunteering tasks in collaboration with multiple commercial and welfare organizations.





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## 4. Student Visit to Child Protection Center (with planned literary and fun activities and goody bags)





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## 5. Climate Action, and Life on Land (13, and 15). Earth Day

Description: This program was based on raising awareness on environmental issues focusing SDG number 13, and 15

## 6. SDG Goal: Climate Action (13). World Environment Day

Description: This program was based on raising awareness on United Nations Day for encouraging worldwide awareness and action to protect our environment focusing SDG number 13

Screen Shot:

Link:

<https://www.facebook.com/UCPkiDunya92.6FM/photos/a.202062560192618/1641582286240631/>

## **Zero Emission Vehicles (ZEV) policy on campus**

Zero emission vehicle are available, and provided by the university.

### **Description:**







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**Title:** UCP Welfare Society's Iftar with Elders at Quaid-e-Azam Musafir Khana

**Date:** March 30, 2025

**Location:** Quaid-e-Azam Musafir Khana, Lahore

**Organized By:** UCP Welfare Society in Collaboration with Sawera Foundation

**Objective:**

The event aimed to promote compassion and social responsibility by spending quality time with the elderly, sharing their stories, and fostering an environment of mutual respect and care.

**Key Highlights:**



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- **Interaction with Elders:** Students and staff listened to the life stories of the elderly, engaging them in meaningful conversation.
- **Shared Iftar:** The gathering included a heartfelt iftar meal, strengthening bonds of community and empathy.
- **Promoting Kindness:** The event highlighted small acts of kindness and respect, emphasizing their importance in making a positive impact.

## Faculty and Staff Participation:

UCP faculty members and staff actively took part in the event, engaging with the elderly residents and helping to create a supportive and caring atmosphere.

## Outcome and Impact:

This initiative reinforced UCP's commitment to social responsibility, creating a deeper sense of community and highlighting the importance of respect and care for the elderly. It also fostered intergenerational understanding and compassion among UCP staff and students.









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## Event Recap: UCP Welfare Society's Visit to Hope Uplift Foundation

**Date:** March 29, 2025

**Location:** Hope Uplift Foundation

**Organized By:** UCP Welfare Society & Sawera Foundation (@sfoundationpk)

**Target Participants:** UCP Volunteers, Children at Hope Uplift Foundation

### Event Overview:

The UCP Welfare Society, in collaboration with Sawera Foundation, organized an inspiring and heartwarming visit to the Hope Uplift Foundation. The goal was to engage with the children in a positive and uplifting environment, helping them discover new ideas through interactive activities while embodying the true spirit of Ramadan.

### Activities:

#### 1. Interactive Games and Activities:

Volunteers organized a variety of games and hands-on activities that focused on both fun and educational development, helping the children explore their creativity.

#### 2. Educational Material Distribution:

The children were provided with educational materials to support their learning journey, ensuring that the event also contributed to their intellectual growth.

#### 3. Iftar Celebration:

The day culminated in a shared iftar meal, where both the children and volunteers came together, breaking their fast in unity. This moment was filled with laughter, joy, and the essence of Ramadan.

### Takeaways:

- The children were able to enjoy a day full of learning, games, and community bonding.
- UCP volunteers were able to connect with the children, providing them with positive experiences and inspiration.
- The shared iftar reinforced values such as unity, generosity, and compassion — key elements of the Ramadan spirit.

### Impact:

The event not only brought happiness and valuable experiences to the children but also helped strengthen the bond between the UCP community and the broader society. It was a day of empowerment, reflection, and compassion, fostering a deeper understanding of the values of social responsibility and unity.





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