

Indicator 17.4.3: Does your university as body have dedicated outreach educational activities for the wider community, which could include alumni, local residents, displaced people?

UCP has an alumni body as well as different student's clubs and societies through which UCP actively outreaches towards local communities, street children especially pertaining to SDG,1,2,3,8 and 13.

Number of activities organized by student organizations related to sustainability per year.

1. SOCIETY OF SCIENCES AND INNOVATION (SSI).

SDG 8 (Decent Work and Economic Growth)

SDG 15 (Life on Land)

The society further aims at in line with SDG-8 and 15 to help protect, preserve life on Earth Especially endangered species in Pakistan through awareness. Society also aims to inculcate the habits of decent international work standards among our students under SDG8- Decent work and economic growth and SDG15-Life on Land. Society of Life Sciences aims on sharing new scientific advancements, spreading awareness and covering wide topics that highlight Life Sciences and prospects of the lifesavers. In addition, everything that means innovation science, encompassing a broad space to create breakthroughs is pursued by SLS. Society of Life Sciences envisions providing a significant experience to its students in the form of constructive activities and informative sessions related to all aspects of life sciences, be it health and nutrition, public health, environment, zoological, inside sea envisions, entrepreneurship, or Internship opportunities and Career oriented field experience. The society works to deliver scientific knowledge and new perspectives on exploring the world and prompt the students to think like scientists while being the source of change for a sustainable planet, embracing the past discoveries and creating new prospects from it.

2. THE ENTREPRENEURSHIP CLUB (TEC).

SDG8 (Decent Work and Economic Growth)

SDG 9 (Industry, Innovation and Infrastructure)

The Entrepreneurship Club would initiate the culture of innovation and entrepreneurship in order to promote the ideas of SDG 8. The Entrepreneurship Club (TEC), an entity of the University of Central Punjab, is a Platform devoted to inspiring and motivating individuals and businesses to success. TEC aims to establish an empowered network of individuals by which students can access entrepreneurial resources, network with community entrepreneurs, and share ideas to create opportunities necessary to drive our community forward. The Entrepreneurship Club is a learning-by-doing environment where students can cultivate their entrepreneurship skills. Students in the club will participate in the development of a business by learning from attending meetings, sessions and events, to ideally develop a start-up. TEC encourages all graduate and undergraduate

students from UCP who share a common interest in entrepreneurship to become involved. Programming activities will be regularly scheduled to inform, support, and inspire UCP students to be entrepreneurial and seek opportunity through enterprise creation. Guest speakers, social events, and networking events will provide members with an opportunity to meet and learn from local entrepreneurs and community business leaders. Members will also be involved in networking events, and pitch competitions. We believe that by learning and working together we can create a brighter future for ourselves and generations to come.

3. UCP HEALTH CLUB.

SDG 3 (Good Health and Wellbeing)

Health club aims at working to promote the sub goals of SDG# 3 in Society, to spread awareness in our community about everything that encircles human health. It wants to create a platform which delivers reliable information while being the center of health-related news and events. UCP Health Club aims to be the center of a collaborative effort in creating a healthier society.

4. INTERNATIONAL CRISIS CHAMBER (ICC) – MODEL UNITED NATIONS.

SDG 16 (Peace Justice and Strong Institutions)

The society would conduct different forums and discussions to promote all SDGs 1-17 for the year 2030. The Model UN Society UCP – International Crisis Chamber (UCPMUN) was founded in 2016. UCPMUN is the only Model UN conference to host international delegates and Chairs in every edition. The conference aims at providing national platform for the students to whet their diplomatic and public speaking skills, concurrently hallowing them with opportunities to make their mark and inculcating in them the sense of modesty and public responsibility that can embark them on track of success. The Model UN Society of UCP – International Crisis Chamber will be conducting the Social Responsibility Program (SRP). The SRP is an initiative that allows ICC-UCPMUN to fulfill its duty towards the less privileged individuals in the society. SRP is in line with ICC-UCPMUN's vision of making a tangible change in the lives of the citizens in our society. It will be an initial step towards a better and equal future.

5. NISA SOCIETY FOR WOMEN EMPOWERMENT

SDG 5 (Gender Equality)

SDG 8 (Decent work and economic Growth)

SDG 10 (Reduce Inequalities)

The objective of NISA is to incarnate in women the skills and strengths that are needed to stand up for oneself, in line with SDGs, Gender equality and sustainability through economic empowerment for equality and equal opportunities. To show that strong, independent and empowered women make the future of society and raise the spirit of womanhood so that women have the back of other women in order to progress together. NISA wishes the women to develop a

sense of self-worth so they can pursue their dreams and choices and influence social change for themselves in the society.

6. UCPLAW SOCIETY & JUSTICE SOCIETY

SDG 16 (Peace Justice and Strong Institutions)

Society aims at enforcing and inculcating the spirit of SDG-16, in order to ensure peaceful behaviors in terms of legality and rule of law through viable and enforceable institutions. The University of Central Punjab Law Society equips students with the skills necessary to successfully pursue a career in law. It provides its members the opportunities to travel and socialize with a wide legal network. It is a great way to start a legal career, testing courtroom skills during study and to compete in national events. The society organizes events by inviting guest speakers from members of the legal community to speak on various topics of interest.

7. UCP PSYCHOLOGY & MENTAL HEALTH SOCIETY

SDG 3 (Good Health and Well Being)

Psychology society aims to implement the psychology discipline in many ways in practical life to spread awareness among laymen regarding importance of many prevailing psychological issues. Society will work in line with SDG 3, Good health and Well-being. The main event of our society is the Mental Health Week, which is held once a year. As the name suggests, a Mental Health issue is taken up as a subject to be discussed thoroughly throughout the week in many different ways. Psychology society generously participates in external events as well. The society has also been invited to participate in the Mental Health Week held in different universities and never ceases to make marks of achievement through its participation.

8. TAKHLEEQKAR FOR ENTREPRENEURIAL PERSUITS

SDG 9 (Industry, Innovation and Infrastructure)

Takhleeqkar Fine Arts Society is the only Fine Arts Society of UCP which is a door to numerous opportunities for artistic and creative minds. Society would initiate the culture of innovation and entrepreneurship in order to promote the ideas of SDG-8 Industry, innovation and infrastructure. Their main objective is to bring all the ambitious young artists under one roof and provide them with a platform where they can flaunt their talents to the world and get all the necessary exposure. In addition, society also provides a haven where all students can meet like-minded peers, can engage and socialize with each other and can enhance their communication skills.

9. ENVIRONMENT PROTECTION SOCIETY

SDG 13 Climate Action

SDG 14 (Life Below Water)

SDG 15 (Life on Land)

The Environment Protection Society (EPS-UCP) deals with the human and natural environment and aims at using the resources of university in a way that trains students to protect the environment. EPS-UCP aims at training the students to mobilize combined forces of progress and nature for achieving a modern, environment-friendly, energy efficient and waste-minimizing society for a better present and future generation. The focus is on Climate Action, Life Below Water and Life on Land.

10. **WELFARE SOCIETY**

SDG1 (No Poverty)

SDG2 (No Hunger)

SDG 13 (Climate Action)

SDG 16 (Peace Justice and Strong Institutions)

A Welfare Society aims to improve the well-being and quality of life for individuals, families, or communities. It focuses on addressing social issues, providing support, and advocating for the rights and needs of vulnerable or disadvantaged populations. Further UCP welfare society include:

- a. Disaster Management
- b. Rizq Chapter
- c. Inclusive Society
- d. Catalyst Society

Disaster Management

The purpose of the Disaster Management Society at UCP is to train students and the community to cope with emergencies like natural calamities. Disaster Management Society is necessary for providing a platform within the university's setting to provide the student body the opportunity to participate in managing activities for the resilience of communities. Membership of this society is offered on a voluntary basis. Inclusive Student Society. The Inclusive Student Society (ISS) UCP is the first ever student community in the Pakistan that is run by both disabled and non-disabled students. The aim behind the society is to create mutual understanding and to ensure the idea of 'oneness' among disabled students as it shuns inhumane ideas of discrimination and paves the way to give due respect to people despite their disabilities or shortcomings.

Rizq Chapter

Rizq Society dedicated to tackling food insecurity and hunger. The society aims to redistribute surplus food to those in need, reduce food wastage, and promote a more equitable distribution of resources.

Inclusive Society

An inclusive society values and respects the diversity of its members, ensuring equal rights, opportunities, and access to resources for all individuals regardless of their backgrounds, abilities, or characteristics. It is a society that actively works towards eliminating discrimination, prejudice, and barriers that may hinder full participation and equal treatment.

Catalyst Society

At UCP, every student has to complete 65 hours of volunteer work. The Volunteers in the Service VIS department organize volunteer campaigns for students. Other than the required volunteer work, students can continue their voluntary work throughout their academic tenure- for such students, the Catalyst Society was formed. This society takes up several activities related to welfare work inside and outside the university and also works in collaboration with other welfare organizations. Catalyst society takes on several activities during the whole year including the following, but not limited to: Relief Works Awareness Campaigns, Medical / Health Camps, Rallies and Congregations Seminars and Lectures The areas of operation of the Catalyst Society is Literacy, Hygiene, Health, Gender Equality, Human Rights, Other Social Issues The students who become a part of this society continuously contribute towards the betterment of our society and help those in need. The efforts of the members of this society are highly commendable as these individuals sacrifice their time and effort for the greater good.

11. INNOVATION AND ENTREPREURSHIP SOCIETY SDG 9 (Industry Innovation & Infrastructure)

The Innovation and Entrepreneurship society dedicated to fostering and promoting innovation, creativity, and entrepreneurial spirit among its members. It provides a platform for individuals interested in exploring and developing their entrepreneurial skills and ideas. The society aims to create a supportive environment that encourages members to think outside the box, take risks, and turn their innovative ideas into practical solutions. It brings together like-minded individuals who share a passion for entrepreneurship, innovation, and business development.

12. ANTI NORCOTICS SOCIETY. SDG 3 (Good Health and Well Being)

The Anti-Narcotics Society is dedicated to combating the use and abuse of narcotics. It aims to raise awareness about the harmful effects of drugs, educate the public about the risks associated with drug use, and promote drug-free lifestyles. The society typically consists of individuals from various backgrounds, including healthcare professionals & educators. Together, they work towards a common goal of reducing drug addiction, preventing drug-related crimes, and providing support to individuals struggling with substance abuse within university premises.

13. BLOOD DONORS SOCIETY.

SDG 3 (Good Health and Well Being)

The UCP Blood Donors Society promotes and facilitates the voluntary donation of blood for medical purposes. Its primary objective is to ensure a stable and sufficient supply of blood and blood products to meet the needs of patients in healthcare facilities for all Students, Faculties and staff members.

14. CHARACTER BUILDING SOCIETY.

SDG 11 (Sustainable Cities & Communities)

UCP Character Building Society focuses on promoting and developing positive character traits and values among individuals. Its primary aim is to cultivate qualities such as honesty, integrity, responsibility, empathy, respect, and resilience, which contribute to the overall personal growth and well-being of individuals and society as a whole.

15. ADVENTURE AND TOURISM CLUB.

SDG 5 (Gender Equality)

SDG 8 (Decent Work & Economic Growth)

The Adventure and Tourism Club caters to individuals who have a passion for adventure, exploration, and travel. It aims to provide opportunities for members to engage in thrilling activities, discover new destinations, and foster a sense of solidarity among adventure enthusiasts.

16. MOSAIC: CULTURAL & HERITAGE SOCIETY.

SDG 16 (Peace Justice and Strong Institutions)

MOSAIC: Cultural & Heritage Society focuses on celebrating and preserving cultural diversity and heritage. Its primary objective is to promote awareness, understanding, and appreciation of different cultures, traditions, and historical legacies.

17. LIBRARY SOCIETY.

SDG 4 (Library Society)

UCP library society dedicated to supporting and promoting libraries, literacy, and access to information. Library societies play a crucial role in advocating for the value and importance of libraries and the services they provide to students, faculties and staff members. Also raise awareness among students, faculty, and staff about the various resources and services offered by the university library. They organize events, workshops, and orientations to familiarize the university community with library facilities, databases, research tools, and other valuable resources.

18. SOCIETY OF CIVIL ENGINEERS

SDG 11 (Sustainable Cities & Communities)

The Society of Civil Engineers (SCE) plays a crucial role in a university setting by providing a platform for civil engineering students to enhance their academic, professional, and social experiences. Society of Civil Engineers in a university setting serves as a bridge between the academic curriculum and the practical aspects of civil engineering, foster a sense of community, and contribute to the field of civil engineering.

19. SOCIETY OF MECHANICAL ENGINEERING

SDG 11 (Sustainable Cities & Communities)

The Society of Mechanical Engineering in a university setting serves as a hub for mechanical engineering students to engage in various activities that complement their academic curriculum. It offers opportunities for professional development, skill enhancement, research involvement, industry exposure, and community outreach. Through these initiatives, the society plays a crucial role in shaping well-rounded mechanical engineering graduates who are prepared to contribute to the field and excel in their careers.

20. CYBER SECURITY STUDENT CLUB

SDG 9 (Industry Innovation & Infrastructure)

Cyber Security Student Club in a university serves as a platform for students to develop their skills, knowledge, and passion for cybersecurity. It creates opportunities for education, skill development, industry exposure, research collaboration, and community outreach. By fostering a cybersecurity-conscious community, the club contributes to enhancing cybersecurity practices, raising awareness, and preparing students for careers in this rapidly evolving field.

21. YOUNG ECONOMIST FORUM

SDG 8 (Decent Work & Economic Growth)

Young Economist Forum in a university plays a vital role in promoting academic and professional development in the field of economics. It offers opportunities for academic enrichment, research involvement, professional networking, skill development, policy analysis, and community outreach. By fostering a vibrant community of young economists, the forum enhances students' knowledge, skills, and passion for economics, preparing them for future careers and contributions to the field.

22. UCP LITERARY SOCIETY

SDG 4 (Quality Education)

The UCP Literary Society, in a university setting, plays a crucial role in promoting literary appreciation, creative expression, and intellectual growth among students. Literary Society in a university plays a significant role in promoting literary appreciation, creative writing skills, and

intellectual growth among students. It provides platforms for literary discussions, writing workshops, competitions, and author interactions. the society contributes to the overall cultural and intellectual development of students, encouraging lifelong engagement with literature.

23. SOCIETY FOR ELECTRONICS AND TELECOMMUNICATION

SDG 11 (Sustainable Cities & Communities)

The Society for Electronics and Telecommunication in a university offers a range of opportunities for students to expand their knowledge, develop practical skills, and engage with industry professionals in the field. Through technical workshops, research projects, industry visits, and networking events, the society helps students bridge the gap between theory and practice, preparing them for successful careers in electronics and telecommunication engineering.

Societies' Events

Society Name	Events
UCP Welfare Society	“Art of Healing – Mindfulness Expression/ Mental Health Awareness on Stress Management & Social Anxiety”
SKMCH Club	“Bonds Beyond Cancer”
Mosaic Cultural Society	“Folk and Sufi Wisdom of Punjab” by writer of great Sufi Wisdom Professor Saeed
Mosaic Cultural Society	“Pashtoon Culture Day”
UCP Adabi Majlis Society	“Remembering Franz Kafka”
UCP Sports Club	10 th Annual Night Cricket Gala
UCP Sports Club	1 st UCP Fastest Man & Woman Athletics Competition 2024
Gaming Den Society	1 st UCP Tekken 07 Championship
UCP Debating Society	9 th All Pakistan Trilingual Declamation Contest & 3 rd Parliamentary Championship
UCP Debating Society	Aab-e-Hayat
UCP Debating Society	Adab Saraye
UCP Literary Society	Ajoka Theater to watch performance of theater drama “Bulha”
UCP Dramatics Club	Annual Play 2024
Environmental Protection Society	Arbor Day
UCP Sports Club	Arm Wrestling Session
UCP Media Club	Art of Content Writing Workshop
UCP Media Club	Art of Video Editing Workshop
UCP Health Club	Awareness Seminar on Thalassemia Control & Prevention
UCP Adabi Majlis Society	Bayaad e Iqbal
UCP Law Society	British Parliamentary Debate Competition
DSA	Chand Raat Celebration
DSA	Annual Concert

UCP Adabi Majlis Society	Cotemporary & Classic Poetics
UCP Dramatics Club	DEPARTA'23
UCP IEEE Society	Design of Distribution Transformation
Society of Mechanical Engineering (SME)	Engineering Olympiad 2024
UCP Sports Club	Femme Cup
Plektra Music Society	Fortnightly "Music Hour"
UCP Health Club	Free Dental Camp
UCP Food Junction Society	Free Nutritional and Dermatological Consultation
UCP Rhymester Society	Haiku Book Launch
UCP Takhleeqkar Society	Heart to Art
Freelance Force	How AI is changing Freelancing
Freelance Force	How to build an international online store
UCP Innovation and Entrepreneurship Club	How to make Future in Digital Marketing & Grow your LinkedIn
DSA	ICC Worldcup Trophy comes to UCP
DSA	Independence Day Celebrations & Ceremony
Mosaic Cultural Society	Independence Day of Gilgit Baltistan
UCP Literary Society	Intellectual Reflections
UCP Adabi Majlis Society	Inter University Ghazal Competition
UCP Sports Club	Kick the Ball
UCP LAW Society	Legal Perspectives: Palestine-Israel Dialogue?
UCP Marketing Executive Club	Marketing Gala'24
UCP Media Club	Media Fest
UCP Rhymester Society	Mehfil-e-Sukhan
UCP Psychology Society	Mental Health Week'23
Society of Science and Innovation	Microbes and Climate Change – Science, People and Impacts
International Crisis Chamber - ICC	Model United Nation Conference
UCP Islamic Guidance Club	Namaz March
Nisa Society	Nisa Fest
UCP Islamic Guidance Club	Noor e Hijab
UCP Health Club	Nutrition Health Camp
UCP Debating Society	Pakistan Day Debate Competition
Mosaic Cultural Society	Punjabi Culture Day
UCP Mosaic Society	Saraiki Cultural Day
UCP Voltaire Society	Seminar on Ecomodernism
UCP Health Club	Seminar on Stroke Management

Number of sustainability community services project organized by and/or involving student

1) BOOK BANK AND AWARENESS DRIVE

Volunteers in Service (VIS) department organized a book collection and awareness drive for deserving school kids. The books included text books for all subjects, story books, novels, etc.



2) BLANKET COLLECTION DRIVE FOR FLOOD VICTIMS

Volunteers in Service (VIS) department organized blanket collection drive for flood victims. VIS department collected more than 3500 blankets and handed them over to Akhuwat for distribution to Flood affected area.



3) TREE PLANTATION AND AWARENESS DRIVE (8 Plantation Drives in 2023)

UCP-VIS signed an MoU with Alkhidmat Foundation to plant 1 million trees in and around Lahore. In last one year, 200,000 have been trees planted in a year by UCP Volunteers in collaboration with Alkhidmat Foundation.



4) RAMZAN AFTAAR AND RATION PACKING DRIVE

VIS department organized Ramzan Aftaar Drive and Ration Packing Campaign in collaboration with Allah Walay Trust to distribute Free Aftaar and ration to deserving class.



5) RATION PACKING DRIVE

VIS department organized ration packing and distribution for deserving class with Alkhidmat Foundation. These ration packs were distributed during holy month of Ramzan.



6) ASAAN AFTAAR DRIVE

VIS department organized free Aftaar pack distribution for deserving class with Alkhidmat foundation for the person who couldn't make it home in time for Aftaar. UCP Volunteers filled water bottles at Alkhidmat Filtration Plant and prepared Aftaar packs. They further distributed these on various crossings, especially in front of UCP.



7) CLOTHES COLLECTION AND AWARENESS DRIVE (3 Clothes Collection Drives)

VIS department organized clothes collection and awareness drive for deserving communities. Till date VIS department has collected and distributed more than 300,000 pairs of clothes to deserving communities.



8) REUSE OF MATERIALS FOR A PURPOSE

It's the commitment of VIS department to strive for a safer and better environment. VIS department organized a campaign for converting waste into useful materials. UCP Volunteers converted empty milk cartons into colorful bird feeder boxes.



9) BREAST CANCER AWARENESS DRIVE

Pakistan has one of the highest rates of deaths due to breast cancer. The main reason being lack of awareness and no information about self-check up technique. UCP Volunteers moved to different girls' schools and colleges to spread awareness on the topic. Senior classes of schools and colleges were targeted for the awareness sessions. More than 1000 families were engaged in this campaign.



10) DRIVE AGAINST CRUELTY TOWARDS ANIMALS

VIS department organized an awareness and sensitization campaign for school kids to sensitize the school kids on cruelty against animals. Kids participated in activities like coloring and pet day celebration to spread love for animals and to prohibit kids from hurting animals, especially stray dogs, cats, donkeys, etc.



11) A conference was recently held to have a dialogue on sustainable development and Social Welfare scenario in Pakistan. Representatives from more than 120 civil society organizations were gathered by UCP Volunteers in Service department under umbrella of UCP-Welfare Society.

12) A significant event was recently unfolded in University of Central Punjab as more than 120 Non-Governmental Organizations (NGOs) gathered for an important seminar. The UCP Welfare Society organized this gathering to unite NGOs working towards making life better for people.



13) The Department of Psychology, University of Central Punjab Lahore, organised a community well-being camp at the Cantonment General Hospital on 28t May 2022. Dr Shazia Hasan, Ms Momina Nayyer, Ms Pakeeza Haider Qasmi and Ms Ifra Mahmood were the community well-being camp organisers. The camp's purpose was to provide awareness and help to the community with their mental health issues and to make suitable referrals. The community well-being camp incorporates the social, mental, emotional, cultural, and spiritual determinants of health.

The well-being of an individual includes coping with the various stresses of everyday living and realisation of the full potential of an individual as a productive member of society.



14) Talk show discussing gender equity

<https://www.facebook.com/100025930057797/videos/1190187558529612>

University of Central Punjab actively engages in outreach educational activities for our students and alumni, One of our flagship initiatives is the Takhleeq Innovation and Entrepreneurship Challenge, which is hosted annually. This competition promotes entrepreneurial thinking and innovation, addressing real-world challenges aligned with the United Nations 17 Sustainable Development Goals (SDGs). Through this program, we provide a platform for community members, including students, alumni, and faculty to pitch innovative ideas and collaborate on sustainable solutions for pressing societal issues.

This outreach activity reflects our commitment to fostering an inclusive environment for learning and development while contributing to the economic and social growth of the wider community.

The link for social media post can be found here:

https://www.instagram.com/p/C8JaOuqKDCp/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==

The poster for the TiEC 2024 challenge features a dark blue background with a red and white grid pattern at the bottom. At the top left, there are logos for 'UNIVERSITY OF CALicut' and 'SUSTAINABLE DEVELOPMENT GOALS'. At the top right, there are logos for 'IEC INNOVATION AND ENTREPRENEURSHIP CLUB' and 'TAKHLEEQ'. The central logo is 'TiEC' in a stylized font, with 'Ti' in green and 'EC' in blue. Below it, the text reads 'TAKHLEEQ INNOVATION & ENTREPRENEURSHIP CHALLENGE '24'. The main heading is 'What is TiEC '24?' in orange. The body text describes the challenge as an intra-university business idea competition. A QR code is located at the bottom right, with the text 'Apply here:' next to it.

What is TiEC '24?

The 2nd Takhleeq Innovation and Entrepreneurship Challenge (TiEC) 2024 is an exciting event organized by the Takhleeq aligned UN 17 SDGs. It is an intra-university business idea competition designed to inspire and encourage students to develop innovative business concepts. Through this challenge, participants have the opportunity to pitch their business ideas, receive valuable feedback, and compete for recognition and support to bring their entrepreneurial visions to life.

Apply here: 

UCP Alumni Relations Office in collaboration with Startup Grind, Transforming Hub and Popcorn Studio organized Career Readiness Workshop for Faculty of Information Technology's fresh graduates. It featured an exclusive panel discussion on "Securing your First Job" where top industry leaders shared their secrets, tips and challenges they faced when starting their careers. HR Professionals and Tech-evaluators from top-tier national organizations and industries shared key insights on how to ace interviews, meet industry expectations and lead a successful career in tech.

<https://www.facebook.com/UCPofficial/posts/pfbid0UeeNj7T7sjKVunqELsrxDuic37jvFkmLQZm2c31XMXJALXrfyTw2dNhrcb1HiupFl>

<https://www.facebook.com/UCPofficial/posts/pfbid0JnvtJumr28EnqHGqgQ3HMbZcVX9RAPbvbEt2ErpuPHEDZjw5rGGnn4brAoHELrol>