SDG 10:

Reduced Inequalities

- UCP acted on disability inclusion and humanitarian support during 2024–2025.
- VIS volunteers organised the CM Punjab Himmat Card launch for persons with disabilities (October 2024).
- Faculty of Languages & Literature signed an MoU with the Deaf Welfare Awareness Foundation (30 September 2024).
- UCP volunteers packed 30,000 medical kits in collaboration with Alkhidmat Foundation for displaced Palestinians (March 2025).

10.1 Mind Matters: A Behavioral Wellness Workshop

13th May 2025

"Mind Matters – because your mental wellness is just as important as your physical health!

In collaboration with Evercare Hospital Lahore, Ushers Club proudly hosted an exclusive session featuring

Dr. Sabeeka Parvaiz. From personal growth to mental well-being, this powerful talk empowered students with tools to thrive inside and out.



Attendance: 30

https://www.facebook.com/UCPDepartmentofStudentAffairs/posts/pfbid02HAcC6DsVFA1jDgt5EeZzwvLQe9quA4fUD2hqyfqb3XpSAeSRPtAdg6ShTQ1hPv7ol

SDG 10:

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10.2 Pre-Eid Gift Distribution for Community Support

SDG: SDG 10 – Reduced Inequalities

IBTIDA organized a Pre-Eid celebration at the UCP Auditorium, distributing more than 100 gifts, including clothes and shoes, to scholars and their families. Supported by Student Affairs, the Volunteer & Service Department, and community partners, the initiative promoted social inclusion, equality, and community well-being by ensuring that underprivileged individuals could share in the joy of Eid.



10.3 Unscripted Potential: Unlocking the Power of Inclusion

May 19th 2025

The Inclusive Student Society is pleased to announce a workshop on Down Syndrome, titled "Unscripted Potential: Unlocking the Power of Inclusion!" The event aims to promote awareness, acceptance, and inclusion of individuals with Down Syndrome.



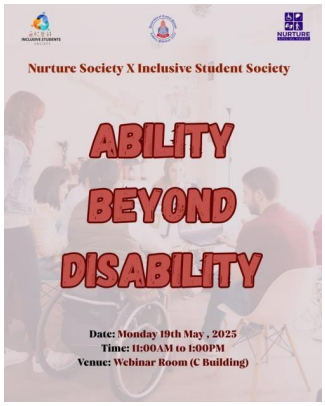
SDG 10:

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10.4 Ability Beyond Disability

May 19th 2025

Join us for an empowering webinar co-hosted by Nurture Society and Inclusive Society UCP! This seminar brings together brilliant speakers to redefine disability and unlock possibilities. Discover how individuals with diverse abilities can thrive, contribute, and lead fulfilling lives. Explore the intersection of disability rights, advocacy, and inclusivity, and learn from experts passionate about creating a more accessible world.



10.5 Gilgit Baltistan Day Celebrations

UCP organized Gilgit Baltistan Day Celebrations on 10th November 2025 to honor the cultural heritage, identity, and contributions of the people of Gilgit Baltistan. The event aimed to promote unity in diversity by highlighting the rich traditions, history, and cultural significance of the region.

Through cultural displays, discussions, and awareness activities, students were encouraged to appreciate diversity and foster mutual respect among different communities. This initiative reflects UCP's commitment to inclusivity and social harmony and aligns with SDG 10 by promoting reduced inequalities and celebrating cultural diversity within society.



https://www.facebook.com/profile/100069452492862/search/?q=Gilgit%20Baltistan%20Day